

NLP Practitioner Programme



The programme is run by accredited NLP Master Practitioners and Trainers, we provide a Programme Director, as well as a variety of guest facilitators, all of whom are also qualified NLP trainers with a wide experience of using NLP in business.

Delegates are assessed and receive a certificate of accreditation as NLP practitioners when they reach the required standard.

Module 1 Introduction (2 days) – Introduction to the programme,
What is NLP?
Establishing a safe environment,
The group's objectives,
Finding out about ourselves,
The guiding principles
Introduction to the techniques.
Real and imagined limitations

Module 2 (3 days) - Unconscious learning,
Self belief and confidence
Anchoring
More powerful communication
Rapport,
Building relationships,
Representational systems,

Module 3 (3 days) – Levels of change,
Language and metaphor.
Thinking patterns
Outcome thinking
Perceptual positioning

Module 4 (3 days, including assessment work) –
Time lines
NLP and Coaching techniques,
Assessment preparation
Assessment

- There will be some work that you will need to do in your own time.
- Pre course we would ask you to do some reading – we would provide the materials (all inclusive of the price)
- Post course we can organise a follow up workshop to discuss progress and development toward the master practitioner syllabus if the group would like this.

For more details please contact: jane.hooper@stepchangetraining.com

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www.stepchangetraining.com

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Dates of next programme in 2010

Module 1 Introduction (3 days) – July 5th & 6th

Module 2 (3 days) - September 13th -15th

Module 3 (3 days) – October 18th -20th

Module 4 (3 days) – November 15th -17th

Costs are £1600 + VAT for the 4 modules.

A word from Jane: 'My experience of NLP has been inordinately useful in all my work, it continuously flows over into all aspects of my life, allowing me to communicate on a deeper level, better understand myself and others, and deal with all manner of challenges that have presented themselves to me since I first embarked on my own training in 2000. The opportunity to share the experience with others is one of the great benefits of these workshops and groups always comment that the people they share their learning with are a key part of their learning experience. So do please join us, whatever your role in life, I know that you will gain a great deal from this programme.'

"I feel my objectives were fully met and already I'm putting into practice what I've learnt. Everything about it was useful, what I really like was that you got to work with everyone in the group."

"I loved the good company and the sharing of experience, I also learned a great deal about the process and the range of techniques which can be used in so many contexts. I also learned a great deal about myself – thanks to the feedback from you and the group - a very useful bonus!"

"It was altogether an excellent programme which I found to be enriching and inspiring. Your wealth of knowledge, professionalism, naturally warm and easy manner, and confident delivery was extremely engaging and a joy to experience. The course content flowed freely and I was conscious of how cleverly you linked the topics and threaded the exercises to integrate and promote the principles as the days unfolded. It was a pleasure participating with such a lovely group of people too. So thank you for providing a great environment for us all to share the valuable experience and have the opportunity to personally grow."

"Really enjoyed this course - it was one of the most valuable training courses I have attended"

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